



Faith Sharing

Candidate/Sponsor Sheet 1

Date: _____

Record your responses to all questions in your journal.

PRAYER

- What is your prayer schedule like right now? When do you pray? How do you pray?
- What does prayer mean to you?
- How will you try to grow in prayer during this time of preparation for Confirmation? Be specific and write down a "program of prayer" for yourself. Remember, it is better to take on a reasonable "program of prayer" and really work at it, than to try to do too much and give up.
- With your sponsor, read the first reading and the Gospel for Sunday's liturgy. Pick out one line from each and explain how it relates to your life.

KNOWLEDGE

- Every week we make a profession of faith in the words of the creed. This creed contains the beliefs of our faith. Read over the creed. Christians of every century have held strongly to these beliefs. Some have even given up their lives to defend them. Why are these beliefs important to you?
- Look up the definition of a sacrament. What is it? Name the seven sacraments.

SERVICE

- What are the spiritual and corporal works of mercy?
- As a Christian, which spiritual or corporal works of mercy have you practiced at home? In your neighborhood? At school?
- How do you plan to continue showing your faith and love through service?
- Do you see your plans for service as closely related to one or more of the spiritual or corporal works of mercy? If so, which one(s)? Explain.
- Use the reflection guide questions on page 40 of the text to evaluate your service so far.

CONFIRMATION MEMORY BOOK

- You have begun more serious preparation for the Sacrament of Confirmation. Put into your journal the research you have done on the saint whose name you have chosen for Confirmation. If you have a picture of the saint and a prayer that the saint has written, include them, too.
- Do you have a picture of your sponsor and yourself? Glue the picture in your journal. Have you and your sponsor shared an outing or social time together? Share what you liked about it.

God bless you in your faith sharing!





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Candidate/Sponsor Sheet 2

Date: _____

Record your responses to all questions in your journal.

PRAYER

- We sometimes speak of four ACTS of prayer.

A Adoration or love	We express our love for God.
C Contrition or sorrow	We express sorrow for our sins and ask forgiveness.
T Thanksgiving	We thank God for his many blessings.
S Supplication or request	We ask for his help, guidance, etc.

A healthy prayer life includes all of these approaches. Examine your life of prayer. What approach do you use most often? Least often? For a week keep track of the type of prayers you use.

KNOWLEDGE

- What does it mean to give witness of your Christian faith to those of your own age? How have your parents helped you? How has your sponsor helped you? How have other candidates helped you?
- Baptism is the sacrament by which you were incorporated into Christ and became a member of the Church. Ask your sponsor why he or she agreed to be your sponsor. Together, talk about the responsibility of a sponsor that you both consider most important.

SERVICE

- Find one incident in the Scriptures that shows Jesus helping others. What do you learn about him in the incident? How can you imitate him in a similar way?
- Use the reflection guide questions on page 40 of the text to evaluate your service so far.

CONFIRMATION MEMORY BOOK

- Do you have a picture of your parish church? (Check the cover of your parish bulletin.) Paste it in your journal. Write the feast day of the church below it.
- Does your family or sponsor belong to any parish organization or committee? Explain.
- What new things have you learned about your parish?

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Candidate/Sponsor Sheet 3

Date: _____

Record your responses to all questions in your journal.

PRAYER

- The prayer given to us by Jesus is the Our Father, the Lord's Prayer. It is a prayer of love and unity, of sorrow for sin and gratitude for God's mercy. It has been the prayer of Christians throughout the centuries. Write the Lord's Prayer in your journal. Pause after each phrase and really think of the meaning. Write your reflections in your journal.
- Jesus told us to "pray always." This week, each night before you go to bed, try to spend at least ten minutes reading the Scriptures. Write a reflection in your journal after each night's reading. Date each entry.

KNOWLEDGE

- Jesus taught us what we must do to be his followers. His teachings are found in the Sermon on the Mount (Matthew 5). Write the Beatitudes in your journal. What do they mean to you?
- Begin preparing your confirmation interviews, if you have not done so already. How well have you been involved in the preparation for Confirmation?
- Who are your pastor and parish priests? What are their roles? Does your parish have a deacon? What is his role in the Church?

SERVICE

- How do the Beatitudes relate to the attitudes needed for Christian service? Have you been giving service in a cheerful way?
- How have you reached out to the discouraged, the lonely, or the elderly?
- List all the things you have done as service so far. Put a star next to the three that mean the most to you.
- Use the reflection guide questions on page 40 of the text to evaluate your service so far.

CONFIRMATION MEMORY BOOK

- Have your parents or sponsor helped you with your service project? Draw a picture of yourself giving service. Glue it in your journal.

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Faith Sharing

Candidate/Sponsor Sheet 4

Date: _____

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PRAYER

- If you are serious about your spiritual life, set aside time each day to examine your conscience. This means to look prayerfully at how you have or have not imitated Christ. After you have looked at your life, pray to the Holy Spirit, asking him to help you be Christlike in your thoughts, words, and actions. Do this each night this week. Write in your journal a resolution to follow Jesus better the next day. Examine your conscience each night.
- How will a daily examination of conscience help your spiritual life?

KNOWLEDGE

- It is good to look over the past weeks and evaluate how your confirmation preparation is helping you grow in your relationships with Christ, your family, your friends, and the Church. When have you been strong and faithful to Christ? When has it been difficult for you to live your faith?
- Write in your journal the Act of Contrition you like the best. Resolve to memorize it, if you have not already done so.
- Write the Ten Commandments in your journal. Under each one, write how it helps you show love for God or others.

SERVICE

- Charity begins at home. What special ways can you be of service to your family? Write three acts of service you can do each day this week for your family.
- Write a letter to an elderly member or your family to cheer up him or her.
- How can you be a Christian healer or peacemaker at home this week?
- Use the reflection guide questions on page 40 of the text to evaluate your service given so far.

CONFIRMATION MEMORY BOOK

- Have you celebrated the Sacrament of Penance recently?
- In your journal describe what Christ's healing and forgiving love means to you.

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